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Club President

Rtn. Vanishree Rao
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Divyashree M S
Rtn. Vanishree Rao
Concord Editors

Avenue Directors

Rtn. Dr Shubha H S
Club Service

Rtn. Nagaraj Shetty
Vocational Service

Rtn. B Karunakar
Shetty

Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Rotary Club Manipal : Weekly Meeting

Date: 21.04.2026

Venue: Rotary Hall, Manipal

Theme: Exodus of Paradise

Speaker: Prof. (Dr.) Rahul Magazine,
Department of Pulmonary Medicine,
KMC Manipal

Meeting Coordinator: Rtn. Dr. Pradeep S

No. of Participants: 50



Overview

The weekly meeting of the Rotary Club of Manipal held on 21st April 2026 was a deeply insightful and thought-provoking session centered on the theme "Exodus of Paradise." The highlight of the meeting was an impactful address by Prof. (Dr.) Rahul Magazine, who shared a powerful firsthand account of the Kashmiri Pandit exodus, emphasizing resilience, truth, and historical awareness. The session also featured meaningful discussions on sustainability, Rotary's global initiatives, and active community participation, making it a well-rounded and enriching experience that reinforced Rotary's commitment to service, awareness, and social responsibility.

The weekly meeting of the Rotary Club of Manipal was conducted with great enthusiasm and witnessed active participation from members, their families, and guests, including representatives from organizations such as the Reader's Club and Manipal Mahila Samaj. The session commenced with a warm welcome by the President, Rtn. Shashikala Rajavarma, who greeted the gathering and set a thoughtful tone for the evening.

The "Thought for the Day" was presented by the new member, Rtn. Abhay Jain, encouraging reflection on environmental responsibility and conscious living. This was followed by Rotary information shared by Rtn. Prof. Balachandra M., highlighting Rotary's global initiatives and impact.

The guest speaker, Prof. (Dr.) Rahul Magazine, was introduced by the Meeting Coordinator and President Elect, Rtn. Dr. Pradeep S. In his deeply moving address, Dr. Magazine spoke on the theme "Exodus of Paradise," recounting the cultural genocide and the 1990 exodus of Kashmiri Pandits. Speaking as a witness, survivor, and narrator of history, he provided a powerful and personal perspective on this tragic chapter.

He elaborated on the ten stages of genocide, offering a structured understanding of how such events unfold over time. Despite the immense hardships faced by the Kashmiri Pandit community, he highlighted their resilience, dignity, and remarkable ability to rebuild their lives. Notably, he emphasized the absence of retaliatory violence from the community, reflecting their strong cultural and ethical values.

Dr. Magazine also spoke about his book, "And the Valley Remained Silent," which documents firsthand accounts, testimonies, and lived experiences of survivors. The book presents a nuanced narrative, shedding light on the social realities, displacement, and perseverance of the community.

The message "Asato Ma Sadgamaya" (Lead us from ignorance to truth) resonated strongly with the audience. The session was followed by an engaging interaction, where attendees posed thoughtful questions, all of which were answered with clarity and patience by the speaker. The presence and participation of Dr. Magazine's family added a personal touch to the session.

The meeting concluded with announcements and a vote of thanks by Secretary Rtn. Vanishree Rao. The session ended with the National Anthem and a group photograph.

Club Service



Rotary Information By Rtn Dr. Balachandra M

Rotary continues to create a significant global impact through service initiatives focused on clean water, disease prevention, community development, and peacebuilding. A key priority remains the global eradication of polio, with Rotary clubs actively supporting vaccination drives, awareness campaigns, and surveillance programs.

The organization is also advancing youth empowerment through leadership recognition and initiatives promoting innovation, including Artificial Intelligence literacy for social good. Rotary's efforts in environmental sustainability and member engagement continue to expand through strategic programs and tools.

Members are encouraged to stay connected through various platforms such as Rotary Fellowships, Rotary Action Groups, and Rotary Friendship Exchange, enabling meaningful engagement at different stages of life.

Globally, Rotary's presence continues to grow, with thousands of clubs and millions of members contributing to impactful service projects. In India, grassroots initiatives such as medical camps, education support, and public health programs are making a visible difference in communities.



Thought for the Day By Rtn Abhay Jain

An important reflection was shared on the widespread use of bottled water, highlighting its environmental and health implications. The Indian bottled water market, estimated at ₹65,000–75,000 crores annually, reflects growing dependence driven by accessibility, affordability, and convenience.

However, this convenience comes at a cost—plastic waste and microplastic contamination pose significant risks to both the environment and human health. The message encouraged individuals to adopt sustainable practices, such as carrying reusable water bottles and promoting eco-friendly alternatives at events. With greater awareness and conscious effort, meaningful change can be achieved toward reducing plastic pollution.

Zonal Review Meeting - 9



25.04.2026: Ninth Zonal Review Meeting was hosted by RC Katpady. All the Presidents & Secretaries of Zone 4 participated. AG Rtn Amit Aravind Presided the meeting. RCM Secretary Rtn Vanishree Rao presented the March Month Club Report

Vocational Service



25.04.2026: RC ManiPal financially supported Purple Space in conducting “Makkala Angadi”, a Kids Business and Idea Fair. The purpose of the fair was to encourage creativity & confidence in children. The fair was inaugurated by New Generation Service Director Rtn Dr Girija. Many Rotarians including President & Secretary of RCM attended the stalls, purchased the handicrafts, books and home-made fast food sold by children.

New Generation Service



25.04.2026: DRR Visit Meeting to Rotaract Club of ManiPal was conducted at Hampi Hall, MIT Maipal. DRR Rtr Nivas M R presided the meeting. DRC Rtn Naveen Amin, RC ManiPal President Rtn Shashikala Rajavarma were the Guests of Honor. Rotaract Chairman Rtn Col Madhav Shanbhag, District Chairman Projects Rtn Rjavarma Ariga, Secretary Rtn Vanishree Rao attended the event.

Rotarians in Action

23.04.2026: MSc Clinical Psychology students from NIMHANS, Bangalore visited ASARE as a part of their study tour. They appreciated the installation & the functioning of Asare Rehabilitation Centre for Special Children. Congratulations to Rtn. Jaivittal, President, ASARE, ManiPal



International Service

19.04.2026: President Rtn Shashikala Rajavarma & District Chairman Projects Rtn Rajaarma Ariga registered to Environmental Sustainability Rotary Action Group (ESRAG) by paying the annual membership fee of \$ 30. ESRAG was formed to empower members of the Rotary Family worldwide to take actions to sustain our environment, particularly to stabilize our climate. Both the members attended the annual meeting about water body restoration on 19th April.

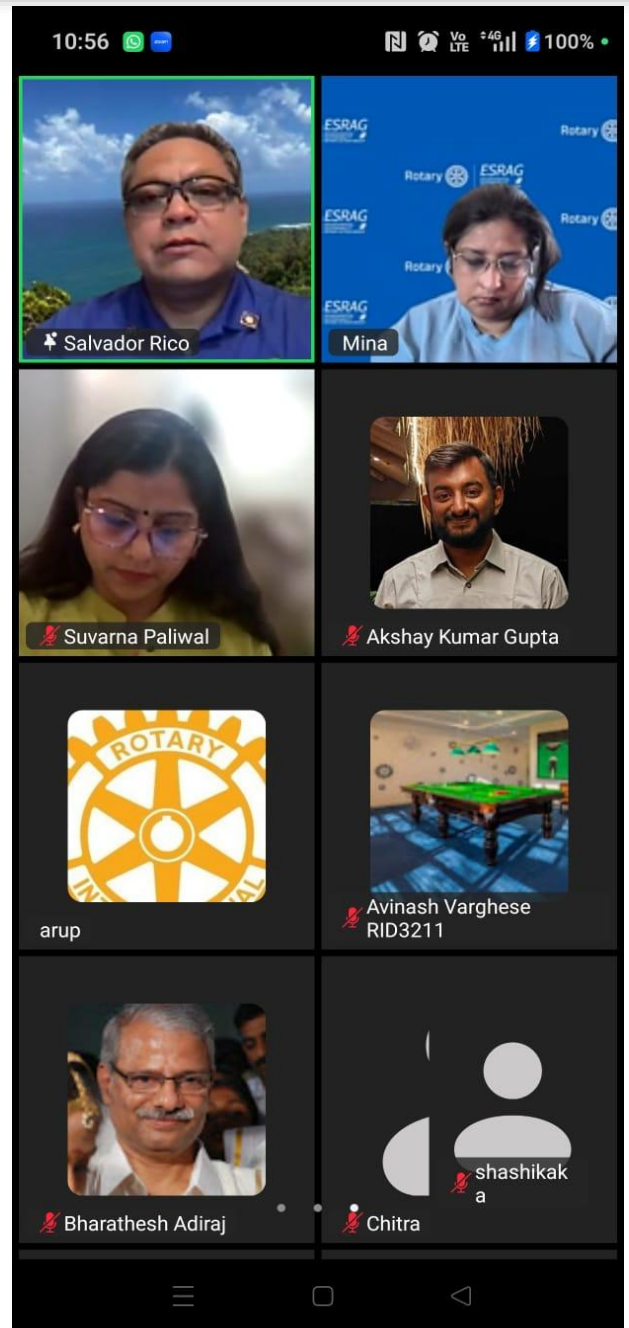


Community Action for Fresh Water

- Empowers clubs to **protect, restore, and sustain** freshwater ecosystems
- Local focus with global reach**
- Will showcase** what clubs are already doing in their watersheds
- Aligns with Rotary Environment Strategy and Sustainable Development Goals



Theme



Celebrations



23-Apr	Rtn Dr Jayagowri H	Birthday
23-Apr	Rtn B Karunakar Shetty	Birthday
23-Apr	John Sathvik Bangera s/o Rtn Subhash Bangera	Birthday
24-Apr	Rtn Vanishree Rao	Birthday
25-Apr	Ann Deepa w/o Rtn Varadaraj Bhat	Birthday
25-Apr	Rtn Dr Girija A and Lord Dr K A Ramakrishnan	Anniversary
25-Apr	Rtn Bharathi Kotian and Lord Mahesh K Kotian	Anniversary
26-Apr	Ann Dr Nirmala Rao w/o Rtn Dr Nagesh Kumar Rao	Birthday
26-Apr	Annette Stuthi Shetty d/o Rtn Jayaraj Shetty	Birthday
26-Apr	John Vihar s/o Rtn Sripathy P	Birthday